

Medical History & Physician Prescribed Emergency Seizure Treatment Order

(To Be Completed by Child's Physician)



Print this page

History

Child's Name _____ Age _____ Weight _____

Seizure Types _____ Description _____

Allergies _____ Treatment Order Date _____

Treatment Order:

- DIASTAT® AcuDial™ (diazepam rectal gel) _____ mg rectally prn for:
seizure > _____ minutes OR for _____ or more seizures in _____ hours
- Use VNS (vagal nerve stimulator) magnet _____
- Other _____
- Call 911 if:
 - Seizure does not stop by itself or with VNS within _____ minutes
 - Seizure does not stop within _____ minutes of administering DIASTAT® AcuDial™
 - Child does not start to wake up within _____ minutes after seizure is over (no DIASTAT® AcuDial™ given)
 - Child does not start to wake up within _____ minutes after seizure is over (after DIASTAT® AcuDial® given)
- Following a seizure: (Please check off)
 - Child should rest in nurse's office
 - Child may return to class
 - Parents/Caregiver should be notified immediately
 - Parents/caregiver should receive a copy of the seizure record sent home with the child

Physician Information:

Physician/Nurse Practitioner/Physician Assistant Name (Printed) _____

Signature _____ Date _____

License Number _____ State _____

Address _____

Phone Number _____ Fax _____

Developed in collaboration with Christine O'Dell, RN, MSN and Shlomo Shinnar, MD, PhD, of the Comprehensive Epilepsy Management Center, Montefiore Medical Center, Bronx, New York.

CONFIDENTIALITY STATEMENT

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In clinical trials with DIASTAT®, the most frequent adverse event was somnolence (23%). Less frequent adverse events reported were dizziness, headache, pain, vasodilation, diarrhea, ataxia, euphoria, incoordination, asthma, rash, abdominal pain, nervousness and rhinitis (1%-5%). Please see full DIASTAT AcuDial Prescribing Information.

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Emergency Seizure Treatment Step-by-Step

Step 1. Confirm seizure

Signs and Symptoms

When I am having a seizure, I might display some of the following signs or symptoms:

- Convulsions Stiffening
 Unconsciousness Staring
 Involuntary rhythmic movements
 Other _____

Step 2. Provide basic first aid

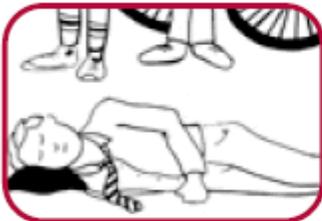
To ensure my safety, here are some steps to follow:



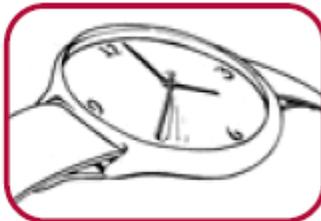
1. Cushion head, remove glasses.



2. Loosen tight clothing.



3. Turn on side and keep airway clear.



4. Note the time a seizure starts and the length of time it lasts.



5. Don't put anything in mouth.



6. Don't hold down.

7. As seizure ends...offer help.

Step 3. Treatment options

Please record important information on the seizure log cards on the next page.

If I don't regain consciousness within _____ minutes, please:

- Call 911
- Once 911 is called, please call my emergency contacts below
 - If this box is checked advise EMTs that I have a VNS magnet

OR

- Administer DIASTAT® AcuDial™ (diazepam rectal gel)
- For seizures that last more than _____ minutes
OR for _____ or more seizures in _____ hours
 - My DIASTAT® AcuDial™ is kept: _____

Call 911 if

- I do not start waking up within _____ minutes after seizure is over (after giving DIASTAT® AcuDial™)
- Seizure does not stop within _____ minutes of giving DIASTAT® AcuDial™

Step 4. Notification

Call the following people if:

- I go to the Emergency Room
 You are concerned about my response
 DIASTAT® AcuDial™ is administered
 Other _____

Emergency Contacts

Name _____

Phone (____) _____

Name _____

Phone (____) _____

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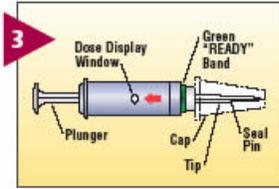
DIASTAT® AcuDial™ (diazepam rectal gel) Administration Instructions



1 Put person on their side where they can't fall.



2 Get medicine.



3 Get syringe.

Note: Seal Pin is attached to the cap.



4 Push up with thumb and pull to remove cap from syringe.

Be sure Seal Pin is removed with the cap.



5 Lubricate rectal tip with lubricating jelly.



6 Turn person on side facing you.



7 Bend upper leg forward to expose rectum.



8 Separate buttocks to expose rectum.



9 Gently insert syringe tip into rectum.

Note: Rim should be snug against rectal opening.

SLOWLY... COUNT OUT LOUD TO THREE...1...2...3



10 Slowly count to 3 while gently pushing plunger in until it stops.



11 Slowly count to 3 before removing syringe from rectum.



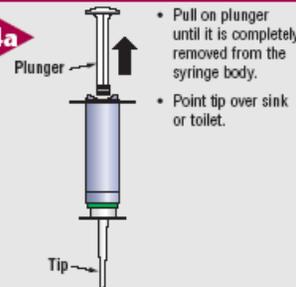
12 Slowly count to 3 while holding buttocks together to prevent leakage.



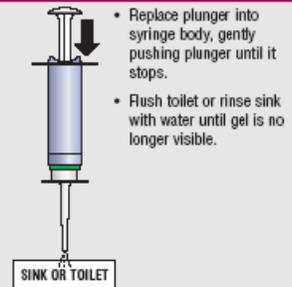
ONCE DIASTAT® IS GIVEN

13 Keep person on side facing you, note time given and continue to observe.

DISPOSAL INSTRUCTIONS FOR DIASTAT ACUDIAL



- Pull on plunger until it is completely removed from the syringe body.
- Point tip over sink or toilet.



- Replace plunger into syringe body, gently pushing plunger until it stops.
- Flush toilet or rinse sink with water until gel is no longer visible.

This step is for Diastat® AcuDial™ users only
At the completion of step 14a:

- Discard all used materials in the garbage can.
- Do not reuse.
- Discard in a safe place away from children.

DISPOSAL FOR DIASTAT 2.5 MG
At the completion of step 13:

- Discard all used materials in the garbage can.
- Do not reuse.
- Discard in a safe place away from children.

Call for Help if any of the Following Occur

- Seizure(s) continues 15 minutes after giving DIASTAT or per the doctor's instructions:

- Seizure behavior is different from other episodes
- You are alarmed by the frequency or severity of the seizure(s)
- You are alarmed by the color or breathing of the person
- The person is having unusual or serious problems

Local emergency number: _____

Doctor's number: _____

(please be sure to note if your area has 911)

Information for emergency squad: Time DIASTAT given: _____ Dose: _____

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Plan-at-a-Glance Wallet Cards

First Aid Steps for Convulsions or Seizures

- Cushion head, remove glasses
- Loosen tight clothing
- Turn on side and keep airway clear
- Note the time a seizure starts and the length of time it lasts
- Don't put anything in mouth
- Don't hold down
- As seizure ends, offer help

My name is _____

I am experiencing an epileptic seizure

Please notify:

Family _____

Phone _____

Physician _____

Phone _____

If I am injured or unconscious for more than 5 minutes please call 911

Additional emergency information on other side.

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Emergency Process Plan

Seizure Information

See other side for First Aid and Contact Information

Name _____

Date of birth _____

Current medication(s) _____

Allergies _____

Seizure type(s) _____

Frequency of seizures _____

Description _____

Seizure usually lasts _____ minutes

Usually recover in _____ minutes

Treatment for seizure

Seizure Treatment

- Administer DIASTAT® AcuDial™ (diazepam rectal gel) _____ mg for seizure > _____ minutes or for _____ or more seizures in _____ hours
- Use VNS magnet
- Other _____
- Call 911 if _____
- Seizure does not stop by itself or with VNS within _____

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minutes

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- I do not start waking up within ___ minutes after seizure is over (after DIASTAT® AcuDial™ given)

Other

Following a seizure

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minutes

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Student Interview Form

(for the school nurse)

Purpose: To help you establish a relationship with the student. This interview will also assist you in gathering additional medical information that will help manage his or her health throughout the year.

How to use: Set up 1/2 hour to meet with the student and use this form as a discussion guide.

Student's name _____ Age _____ Grade _____

School _____ Teacher _____ Classroom _____

How old were you when your seizures began? _____

Do you have any special feelings before a seizure? _____ Yes _____ No _____ Not sure

If yes, please explain _____

What do you think happens during your seizures? _____

How do you feel after a seizure? _____

What medication(s) do you take? (You may need to ask the parent/caregiver for this information.)

| Medication | Dosing | Schedule |
|------------|--------|----------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Who gives you your medications at home? _____

If medication is self-administered, then ask:

Do you remember to take your medication on your own? _____

Do you do anything special to remember to take your medication? _____

What do you do if you miss a dose? _____

Do you feel any different if you miss a dose? _____

What things (if any) seem to bring on a seizure? (list) _____

How often do you have seizures? _____

Is there a time of day or situation when they occur most often? _____

When was your last seizure? _____

Besides taking medication, how do you control your seizures? _____

What special problems (if any) do you have in school that you feel are related to your epilepsy?

Have you told any of your friends about your seizures? (If yes, what did you tell them, when, and how did they react?)

Have you told any of your teachers you have seizures? (If yes, what did you tell them, when, and how did they react?)

If you have a seizure at school, what would you like the following people to do for you?

School nurse _____

Teacher(s)/Coach(es) _____

Classmates _____

Date completed _____ Date updated _____

Notes _____

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Seizure Record

This Log To Be Completed by Child's School Nurse and Returned to Parents/Caregivers After a Seizure

Please Duplicate as Needed

Purpose: A Seizure Log is used to track any pre-seizure activity, the number and duration of seizures and any post-seizure activity.

How to use: After being completed, a copy should be sent home for the parents'/caregiver's records.

Note: Use only 1 form per seizure. Duplicate as needed.

Student's name _____ Date of report _____

| Event | Time |
|--|-------|
| Seizure start time: _____ | _____ |
| DIASTAT® AcuDial™ Administration Time (if prescribed by physician): _____ | _____ |
| VNS (vagal nerve stimulator) magnet (if prescribed by physician): _____ | _____ |
| Other treatments: (if prescribed by physician): _____ | _____ |
| 911 called (if needed): _____ | _____ |
| Seizure end time: _____ | _____ |

Where was the child when the seizure occurred?

Activities immediately preceding the seizure _____

Noteworthy behavior immediately preceding the seizure _____

Description of seizure behavior _____

Behavior after the seizure _____

Were there any injuries? _____ Yes _____ No

If yes, describe _____

Comments _____

After the Seizure

Check any side effects you may have observed and add relevant details.

Drowsiness

Slurred speech

Irritability

Nausea

Confusion

Unsteady walk

Inattention

Poor memory

Comments _____

School nurse signature _____

School nurse phone _____

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